FYSIQ

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ITINERARY



YOUR RESERVATION IS GROUP 4-6 NOVEMBER 1, 2022, AT 1 PM CHECK YOUR 2 ACTIVITIES BELOW

Non-Bungee Activities

I Got Your Back – Collaborate with each other to win the race by getting the ball in the basket. There's a catch! You have to do it back-to-back.

Roller Volleyball – Clear instructions is key to winning this activity. Get your listening ears on and abs ready.

Give 'Em the Slip – Relay down the court without losing your balance or disc before you opponents.

Buckets – Build a bucket structure that won't collapse or protect your territory.

Roll the Dice - The Dice will tell your teams future and what to do.

Bungee Activities

Foosball – Try scoring on the opposing team to get the ball in the goal.

Basketball – You don't have to be MJ for this one. Get the ball and put it in the basket before time runs out!

Dodgeball – It's Dodgeball! You have to move quickly though; the Bungee will keep you off balance.

Pendulum – Push your teammate toward the goal with this one will time run out

Color Spin – Spin your partner and swing to match the color balls. (Dizziness may occur)

INTRODUCTIONS

1:00 p.m

Who's on your team? Let's get to know each a better.

COMMUNICATE THE VAK WAY

1:30 p.m.

Learn about communication and learning styles of others and yourself.

LET THE GAMES BEGIN

2:45 p.m.